

Aldershot Youth Swimming Club



Aldershot Youth Swimming Club

A member of Rushmoor Swimming Association

Newsletter – Spring 2020



Spring 2020

Welcome to this edition of our newsletter and especially if you & your child are new to our swimming club. Please do take the time to read this newsletter as it contains lots of useful information for you.

Short Distance Swim - 18th December

We had 7 swimmers arrive for the short distance swim before the Christmas break. They swam well and achieved great distances. Well done to the following swimmers and a big thank you to Louise, Amy and Ciara for organising the swim during the evening.

1. Emma Simms - 3000m
2. James Blair - 1 Mile
3. Kailen Berger - 800m
4. Max Blair - 800m
5. Harry Olive - 200m
6. Rebecca Olive - 100m
7. Isabella Macaskill - 20m



Parents - Hygiene Overshoes

Places leisure have asked us to ensure that parents and other spectators wear the blue over shoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more out to fill up the containers.

Help on poolside

We are always looking for new volunteers (especially adults) to help out on poolside assisting our teachers. If you would like to help out as a poolside helper, assistant or maybe you used to teach swimming a while ago, please do get in touch. We really do appreciate all our volunteers in everything they do.

All Swimmers - Please note

We now operate a 5 minute delay at 6pm so assist the lifeguards in preparing the pool for our club after the centres own swimming lessons have finished. One long blast on the whistle to indicate change over will be used at 6:35pm, 7:05pm & 7:35pm. Please ensure your children arrive 5 minutes before so they are ready for the start of their lesson. 6pm Swimmers will need to queue down the corridor to ease the congestion on the poolside before we take over both pools.

When we invite parents and swimmers on to poolside at 6pm, please help us by sending your child around the pool to find their class teacher.

Key Dates for this term

- 8th January 2020 - Spring term begins
- 19th February 2020 - Half Term (lessons as usual)
- 25th March 2020 - 1st Test Night
- 1st April 2020 - 2nd Test Night
- 29th March - Long Distance Swim

A full calendar can be found on our club website.

Swimmers - Please Note

Each week all pupils should use the toilet, blow their nose and shower before entering the water. Parents of younger swimmers should ensure their children carry out these three actions before their swimming lesson.

Supervision on the Poolside / Changing Rooms

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside. If you do come across any children misbehaving then do come and inform Linda or Lesley who will deal with it appropriately with the children concerned.

We are not responsible for your children before and after their swimming lesson on poolside or within the changing rooms. All parents must remain on site while your children are in their swimming lesson.

Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear additional clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing additional clothes while swimming in their lessons.

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Page 2

Club Test Dates - 25th March & 1st April

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and notice-board. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

Distance Swim Certificates & Badges

At the end of each term we run a short distance swim. Certificates and badges can be purchased afterwards for £1.50. The cost of the certificate and badge after your child's test is included in your course fee for the term.

Our Committee - Effective from March 2019

1. Chris - Chairman
2. Lesley - Front Desk Secretary
3. Linda - Swim Leader & Welfare Officer
4. Louise - Waiting List Secretary
5. Rachel - Club Treasurer
6. Angela - Badge Secretary

Poolside Volunteers

1. Andy - Swimming teacher
2. Richard - Swimming teacher
3. Angela - Level 2 teacher
4. Mandy - Level 1 teacher
5. Ellan - Level 1 teacher
6. Abbie - Level 1 teacher
7. Millie - STA Student Teacher
8. Sophie - STA Student Teacher
9. Amy - STA Student Teacher
10. Ciara - STA Student Teacher
11. Louise - STA Student Teacher
12. Emma - Water Helper
13. Jonathan - Water Helper



Changing rooms / lockers

Please ensure that your children are using the lockers provided and not leaving their belongings out on the benches. With 25-30 swimmers at each session there is not room to leave belongings out unattended.

Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the later.

STA Partnership with the Scout Association

The STA have teamed up with the Scouts to support their five staged swimmer badges. If your child is in cubs or scouts and they would like to achieve these badges *then do come and speak to us and we will check your child's progress and hopefully sign your child's badge book.*

Swimmers activity corner

Why not have ago at this editions water safety crossword below ?

Across:

6. Even the most confident swimmers can face in water.
7. Lifeguards usually wear t-shirts.

Down:

1. If you see someone in difficulty, don't get in or go near the You might get into difficulty yourself.
2. If you see someone in difficulty in a swimming pool, call the lifeguard or another who will be able to help.
3. These tell you what to do and what not to do.
4. Always obey pool
5. This coloured flag means the water is calm. This doesn't make the water safe, you must still be careful and look for areas where a lifeguard is present.

Facebook Reminder



As well as our website, our club also has a Facebook page. We use this to publish information and changes to our club calendar and in the unlikely event of any pool closers. 'Like' us today to keep yourself informed on our club news.

