

Aldershot Youth Swimming Club

A member of Rushmoor Swimming Association

Newsletter – Autumn 2016



Aldershot Youth Swimming Club



Autumn Term 2016

Welcome to this edition of our newsletter and especially if you & your child are new to our swimming club. Please do take the time to read this newsletter as it contains lots of useful information for you.

Summer Distance Swim - 20th July 2016

We had 17 swimmers arrive for the short distance swim before the summer holidays. They swam well and achieved great distances. Well done to the following swimmers and a big thank you to Charlotte A, Becky and Louise for organising the swim on the evening.

1. Niamh McFadden - 5000m
2. Theo McFadden - 5000m
3. Ciara Flynn - 2000m
4. Catherine Norman - 1 Mile
5. Emma Simms - 1 Mile
6. Leah Flynn - 1000m
7. Eva Flynn - 1000m
8. Abigail Pullen - 1000m
9. Joseph Norman - 1000m
10. Finian McFadden - 800m
11. Daisy Cook - 800m
12. Freddie Snell - 600m
13. Jasmin Shackelford - 600m
14. Terrence Shakeshaft - 500m
15. Lewis Shakeshaft - 200m
16. Ellis Fuller - 100m
17. Sebastian Etherington - 5m



Key Dates for this term

7th September 2016 - Summer term begins
26th October 2016 - Half Term - lessons as usual
7th December 2016 - 1st Test Night
14th December 2016 - 2nd Test Night
21st December 2016 - Short Distance Swim

A full calendar can be found on our club website.

Swimmers - Please Note

Each week all pupils should use the toilet, blow their nose and shower before entering the water. Parents of younger swimmers should ensure their children carry out these three actions before their swimming lesson.

Supervision on the Poolside / Changing Rooms

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside. If you do come across any children misbehaving then do come and inform Linda or Lesley who will deal with it appropriately with the children concerned.

We are not responsible for your children before and after their swimming lesson on poolside or within the changing rooms. This is why all parents must remain on site while your children are in their

Volunteer Achievements - Teaching Awards !

1. Well done to Madi for completing her level 1 teaching award during August !
2. Well done to Robert, Jess S & Abbie for completing their aquatic helper workshops back in May this year !

Parents - Hygiene Overshoes

'Places for people leisure' have asked us to ensure that parents and other spectators wear the blue over shoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more out to fill up the

Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the water.

Full details on the STA Learn to swim scheme can be found on our website so you know what criteria your child needs to be confident at for their swimming tests.

Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear additional clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing additional clothes while swimming in their lessons.

Online Questionnaire for Parents

We would love to get your feedback on how we are running the club and on your child's swimming lesson this term. There is an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome

6pm Swimmers - Please note

Each week we are really busy especially at 6pm. It is really important for 6pm swimmers to queue down the corridor prior to 6pm to avoid congestion and noise on the poolside. When we invite parents and swimmers on to poolside at 6pm, please help us by sending your child around the pool to find their class teacher.

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Club Test Dates - 7th December / 14th December 2016

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and notice-board. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

Swimming courses / Distance Swim - Certificates & Badges

At the end of each term we run a short distance swim. Certificates and badges can be purchased afterwards for £1.50.

The cost of the certificate and badge after your child's test is included in your course fee for the term.

Changing rooms / lockers

Please ensure that your children are using the lockers provided and not leaving their belongings out on the benches. With 40-45 swimmers at each session there is not room

Water Safety Questions

Each Octopus and Goldfish class will be asked two water safety questions as part of their swimming lessons and their test. You can lookup these questions to teach your child at home by looking on our website.

Our Committee - Effective from July 2015

- Chris - Chairman
- Lesley - Swim Leader & Safe Guarding
- Linda - Swim Leader & Welfare Officer
- Louise - Waiting List Secretary
- Ludmila - Club Treasurer
- Sandra - Front Desk Secretary
- Angela - Badge Secretary

Poolside Volunteers

- Andy - Swimming teacher
- Richard - Swimming teacher
- Jess F - Level 2 teacher

- Mandy - Level 1 teacher
- Charlotte C - Level 1 teacher
- Ella - Level 1 teacher
- Madi - Level 1 teacher

- Nicole - Teacher assistant
- Charlotte A - Teacher assistant
- Sarah - Teacher assistant

- Ellan - Pool water helper
- William - Pool water helper
- Robert - Pool water helper
- Jess S - Pool water helper
- Abbie - Pool water helper



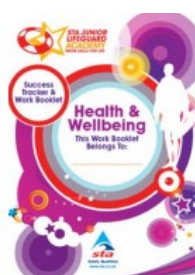
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|---------|--------------|--------|-------------|
| Alone | Drown | Nine | Sand bank |
| Boats | Fast flowing | Rapids | Supervision |
| Canal | Flooding | Reach | Wake |
| Dam | Hazards | River | Water |
| Dangers | Lake | Safety | Sailing |

Facebook Reminder



As well as our website, our club also has a Facebook page. We use this to publish information and changes to our club calendar and in the unlikely event of any pool closers. 'Like' us today to keep yourself informed on our club news.



STA Health and Wellbeing Leaflet

The STA have produced this wonderful leaflet on water safety which swimmers will receive once they start Angelfish 2 each term.

It has lots of information and activities to teach our swimmers about water safety at home and on holiday !